

HAYLO HEALING INSTRUCTIONS FOR BREAST ADORNMENTS & AREOLA RENEWAL

It's Imperative that you take the absolute, Best care of yourself, always; and certainly, during this chapter of your Healing Journey. Follow the instructions below Carefully to ensure your Tattoo will Heal swiftly and smoothly.

- Keep your tattooed skin covered with clean plastic wrap for the first 3 days & 3 nights.

To avoid bacteria exposure, make sure you have washed your hands before removing plastic wrap and always before touching your tattooed skin. Avoid touching your tattoo or the skin around your tattoo unless you are washing the area.

- Throughout the first 3 days, you will remove the plastic wrap and wash your tattoo kindly with gentle soap. Do not use bar soap, high fragrance, or any soap with exfoliating bits in it. Do not use a washcloth, use only your clean hands while washing.
- Wash your tattooed skin using warm to hot water at least Twice Daily. You don't want to scald yourself, but you want the water warm enough to open the pores and clean deeply.
- Pat your skin dry with a clean paper towel, and re-cover with new, clean plastic wrap after each washing.

You may notice excess pigment under the plastic wrap and feel slime on your skin while washing your tattoo; that slime is a combination of the excess pigment and blood plasma. Gently and thoroughly washing your tattoo twice daily, promotes regeneration of skin cells and reduces the risk of any scabbing.

The Morning of _____ you may remove the plastic wrap, wash your tattoo, and pat dry; no more plastic wrap needed. Thereafter, continue washing your tattoo three times daily, pat dry with a clean paper towel and use a tiny amount of coconut oil to lightly moisturize.

*If you are allergic to coconut you may use unscented lotion such as Lubriderm.

If you have had radiation and lymph nodes removed, you may be at a greater risk of cellulitis. If you notice excess redness, swelling, increased heat, or fever please seek medical care.

Please follow up with us so that we know how well you're healed and if you may need any touch up. Thank you so much for sharing this Beautiful Life with us.

